



# Free Zumba Classes



Class Led by:  
**Paola Delgado**  
Certified Zumba  
Instructor

**Join us for FREE community  
Zumba classes!**

Registration is highly recommended - walk-ins are also welcome. For more information, please contact the Health Promotion Department at [HealthPromotion@SalinasValleyHealth.com](mailto:HealthPromotion@SalinasValleyHealth.com) or **831-759-1890**.



Scan the QR Code  
for more information  
and to register

[SalinasValleyHealth.com](https://SalinasValleyHealth.com)

**Mondays, 6:00–7:00pm**  
**October 14 & 28**  
**November 11 & 18**  
**December 2 & 16**

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**Taylor Farms Family Health  
& Wellness Center  
Community Room**  
850 5th Street  
Gonzales, CA 93926



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**TAYLOR FARMS FAMILY  
HEALTH & WELLNESS CENTER**